

# Michelle Denham

WELLNESS TREATMENTS





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## ORGANIC FACIALS

### **DELUXE FACIAL EXPERIENCE 90 MINUTES £130**

The ultimate VOYA facial experience, including a tension melting back massage.

Anti-ageing – Firming – Hydration

### **SELF DISCOVERY RADIANCE FACIAL 60MINUTES £110**

A skin specific organic facial is deeply detoxifying, thoroughly revitalising and helps to even skin tone and increase clarity.

Personalised – Balancing – Relaxing

### **RESURFACING RADIANCE FACIAL 45 MINUTES £80**

This highly effective resurfacing facial targets congested, lacklustre and dull skin Using a combination naturally derived glycolic and lactic acids.

Brightening – Resurfacing - Radiance







## MASSAGE

### **VOYAGER MASSAGE JOURNEY 90MIN   £ 110**

A complete top to toe relaxation journey that replicate the movement of the sea, combining both gentle and stimulating movements.

Choose from: Uplift - Relax - Muscle fatigue

### **ORGANIC HERBAL POULTICE MASSAGE 90MIN   £130**

A real sensory treat. Warm steamed bags of orange, clove, ginger and Fucus Serratus seaweed are gently massaged into the body releasing the precious seaweed oils.

Revitalising – Muscle tension - Warming

### **DEEP MUSCLE MELTER 60MIN   £110**

This impactful massage works deeply into stiff, tight, and aching muscles to instantly release tension.

Muscle Tension – Relaxation – Energising



## HAND AND FOOT RITUALS

### **ORGANIC FOOT RITUAL 45 MINUTES £65**

To recharge the circulation of the lower limbs, refine skin and revive tired feet and legs.

Includes: Exfoliation, Massage, Seaweed mask and lotion application.

### **ORGANIC HAND RITUAL 45 MINUTES £65**

Nourish, recondition and refine hands with this nourishing treatment.

Includes: Foot soak, Exfoliation, Massage, Seaweed mask and lotion application.



## ORGANIC WRAPS

### **LAVENDER & SEAWEED SUGAR GLOW 60 MINUTES £90**

A wonderful fragrant mix of lavender oil, seaweed and sugar.

### **PEPPERMINT & SEAWEED SUGAR GLOW 60 MINUTES £90**

This refreshing and all-over exfoliation treatment awakens the skin and body.





## ORGANIC BODY EXFOLIATIONS

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### **ORGANIC HAND RITUAL 45 MINUTES £65**

Nourish, recondition and refine hands with this nourishing treatment.

Includes: Foot soak, Exfoliation, Massage, Seaweed mask and lotion application.







## SLEEPING RITUALS

### **MINDFUL DREAMS 75 minutes £140**

Combining Balinese style flowing massage, breathwork and a guided meditation to relax the body and calm the mind

Body Massage- Breathwork - Meditation.

### **HERBAL COCOON 60MIN £120**

Relaxing – Moisturising – Grounding

Rebalance the body, hydrate the skin and calm the mind with this sleep-inducing herbal wrap. Includes: Lavender sugar scrub, herbal wrap and scalp massage



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## MUM TO BE TREATMENTS

### **ORGANIC PRENATAL VOYAGER 90 MINUTES £120**

A relaxing organic wellbeing ritual promotes relaxation and a sense of tranquillity while deeply hydrating and nourishing your skin.

Includes: Full body exfoliation, Body massage, face and scalp massage

### **ORGANIC PRECIOUS MOMENTS 60 MINUTES £90**

VOYA's Organic Precious Moments treatment is tailored specially to Mum and her growing bump. This is the perfect rejuvenating treatment to support the wonderful journey to motherhood.

Includes: Bump exfoliation and mask, seaweed leaf leg wraps, hand, arm and face massage.







## TREATMENT ENHANCEMENTS

### **EYE RENEWAL PATCHES\* £15**

These eye masks will cool and soothe the delicate under eye area helping to minimise The appearance of dark circles and puffiness.

### **SEAWEED LEAF WRAP\* £15**

Placed on legs, hands and feet during to aid drainage and reduce inflammation

### **FEEL THE HEAT MUSCLE WARMING GEL\* £15**

Anti-inflammatory muscle warming gel applied to targeted areas with seaweed and arnica.

### **HAND, FOOT or BACK EXFOLIATION\*\* £25**

Nourishing ginger chai exfoliation removed with hot mitts .

### **HAIR AND SCALP TREATMENT\*\* £25**

Scalp Massage is performed with Lavender and rosemary oil then nourishing Conditioner is applied through the lengths and hair is wrapped in a warm Towel to hydrate.

### **FACE MASK APPLICATION\*\* £25**

Skin is cleansed, misted with toner and then a Rose of Jerico leave on mask applied.

\*NO ADDED TREATMENT TIME

\*\*10 MINUTES ADDED TREATMENT TIME